

Special Lectures

Mindfulness

Jan. 9 (Wed) 13:00-16:00

**Mindfulness-based Intervention:
From Development through
Evaluation I**

Jan.10 (Thu) 10:00-12:00

**Mindfulness-based Intervention:
From Development through
Evaluation II**

Jan.10 (Thu) 16:50-18:20

**Mindfulness for Children
with ADHD/ASD & Parents**

Jan.11 (Fri) 13:00-15:00

**Putting Evidence into
Practice Locally and Globally**

Jan.11 (Fri) 16:50-18:20

**Mindfulness; What It Is and
How It Helps Us**



Professor

Susan Bögels

University of Amsterdam

Researcher/Clinical

**Psychologist who developed
Mindful Parenting Program**

Free registration

<https://questant.jp/q/54QIGDCH>



Place for seminars above:

Faculty of Medicine No.3 Bldg. S101/S102